

FEBRUARY

Turn to a Trusted Adult

WHO IS THEIR TRUSTED ADULT?

Being a Trusted Adult means that they have the responsibility to protect young people in difficult situations. It is important to know who your child's Trusted Adult is both inside and outside of school.

Before engaging in one of the activities below, develop the definition of a Trusted Adult together. Then, discuss the qualities that are necessary in a Trusted Adult and the importance of having an adult they can confide in.



Ideas for Trusted Adult Activities:

- Have your child write a letter to their Trusted Adults letting them know why they trust them.
- Call a Circle Up and ask some of the following questions:
 - Who is your Trusted Adult at school?
 - What qualities does this Trusted Adult have that make you feel comfortable?
 - Who do you feel comfortable talking to about these things outside of school?
 - How can we approach a Trusted Adult about a serious situation such as a warning sign or threat?
- Connect with their Trusted Adults and build a relationship with them.
- Develop a plan on how to get in contact with their Trusted Adult.
- Practice having a difficult conversation with a Trusted Adult by using the steps:
 1. I'm concerned about...
 2. ...because...
 3. ...and I need your help to...





A woman with long brown hair, wearing a white t-shirt with green sleeves and the text 'Garden of Hope PROMISE' on it, stands behind a table covered with a bright green tablecloth. The table is filled with various baked goods: several chocolate-glazed donuts on a white tray, several clear plastic containers filled with cookies, a plate of chocolate cupcakes with green frosting, and a plate of chocolate cookies. There are also some green peppers on the table. In the background, there is a brick wall and a concrete path. To the left, there are orange traffic cones with the number '6' on them. To the right, there is a cardboard box and a blue container.



Complete the Trusted Adult training located on the Digital Library.